

# DISCIPLESHIP

## MINISTRIES

Small Groups & Fellowship Groups



**Foundry's Discipleship Ministries invite you to wade out, dive in, and go deep with us through a variety of classes, small groups, and fellowship groups. You can find more information at [www.foundryumc.org](http://www.foundryumc.org), by picking up our regularly updated class brochures, or by emailing us at [discipleship@foundryumc.org](mailto:discipleship@foundryumc.org).**

## SMALL GROUPS

Foundry's small group communities gather at a variety of times and locations for fellowship, prayer, theological reflection, and service. No matter where you are in your journey of discipleship, there's a group for you! If you're interested in learning more, email our group facilitators today.

### Silver Spring Facilitators:

Jessica Meixner & Brita Anderson  
[silverspring@foundryumc.org](mailto:silverspring@foundryumc.org)

### Bloomingdale Facilitators:

Drew Goins, Becca Lamb, & Avery Lamb  
[bloomingdale@foundryumc.org](mailto:bloomingdale@foundryumc.org)

### Brookland Facilitator:

Meg Lavery  
[brookland@foundryumc.org](mailto:brookland@foundryumc.org)

### Dupont Circle Facilitator:

Suzanne Anthony  
[dupont@foundryumc.org](mailto:dupont@foundryumc.org)

### DC ChristCare Facilitators:

Sujatha Blackstone & Peggy Simpson  
[christcare@foundryumc.org](mailto:christcare@foundryumc.org)

### Capitol Hill/H Street Facilitators:

Heather & Joe Bateman  
[capitolhill@foundryumc.org](mailto:capitolhill@foundryumc.org)

### Adams Morgan Facilitator:

Lorea Stallard  
[adamsmorgan@foundryumc.org](mailto:adamsmorgan@foundryumc.org)

### NoVa (Northern Virginia) West Facilitators:

Tara Holeman & Doug Kim  
[nova@foundryumc.org](mailto:nova@foundryumc.org)

### Arlington/Alexandria Facilitator:

Robin Norell  
[alexandria@foundryumc.org](mailto:alexandria@foundryumc.org)

## FELLOWSHIP GROUPS

Foundry's Fellowship groups offer great ways to gather with people of faith who share your interests, passions, and particular places in life. These groups gather every five to six weeks for various events and fellowship opportunities. Learn more about starting a fellowship group or how to engage with an existing group by emailing [discipleship@foundryumc.org](mailto:discipleship@foundryumc.org).

### God & the Great Outdoors

Facilitators:

Tyler Willbanks & Avery Lamb  
[outdoors@foundryumc.org](mailto:outdoors@foundryumc.org)

We will hike, climb, run, jump, swim, and marvel at God's great creation together. Generally speaking, this will be a physically active group, but all are welcome, and we will do our best to make the necessary accommodations to be inclusive.

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### Foundry Hub

Facilitators:

Bill McLeod & Sam Hedlund  
[hub@foundryumc.org](mailto:hub@foundryumc.org)

We are a diverse group of people with diverse interests and passions. Whether we're meeting for a happy hour or a museum tour, we guarantee you'll find a place among us.

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### Common Ground

Facilitators:

Tiffany Stanley & Amanda Beadle  
[commonground@foundryumc.org](mailto:commonground@foundryumc.org)

We are couples who gather for food, fellowship, fun, and laughter at group members' homes. Expect new friends who'll welcome you with open arms.



### Foundry Women 20s to 50s

Facilitators:

Nancy Groth  
[women2050@foundryumc.org](mailto:women2050@foundryumc.org)

We are Foundry women in our 20s-50s and actively seek to include all ages. We meet regularly for fellowship, mutual prayer, support, book study, and sermon discussion, as well as occasional service and mission activity. Temperance is optional. We began meeting in 2007 with members leaving and joining, and sometimes refer to ourselves as "Sex in the City, but with value-priced shoes."

FOR A FULL LISTING OF OPPORTUNITIES, GO TO [FOUNDRYUMC.ORG](http://foundryumc.org)  
OR VISIT OUR WELCOME DESK.