



FEAR NOT:

GOOD NEWS FOR A WEARY WORLD

NOVEMBER 30, 2025
9 A.M. & 11:15 A.M.



WELCOME

Foundry United Methodist Church has been serving downtown Washington, D.C. and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the gospel of Jesus Christ to be in ministry with all people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and we want you to feel welcome here. Please visit foundryumc.org to find more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

REFERENCES TO GOD

References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

CARE AND PRAYER

Please fill out the Prayer Request online at foundryumc.org/prayer. Our prayer team will follow up with you. You will have the option for your request to be kept confidential, or if you'd prefer for it to be shared.

SINGING WITH US

OUR HYMNALS:

UMH — United Methodist Hymnal (Red)

TFWS — The Faith We Sing (Black)

AAHH — African American Heritage Hymnal (on cart as you enter the sanctuary)

THE APPEARANCE OF + INDICATES THAT YOU ARE INVITED TO RISE, AS YOU ARE ABLE.



Hearing assistance devices can be found at the sound desk in the sanctuary.

FAMILIES WITH CHILDREN

Foundry offers a variety of childcare and worship options for our youngest congregants every Sunday! Children of all ages are welcome to join their families in the Sanctuary at both the 9 a.m. and 11:15 a.m. worship services. Before the sermon, a servant leader will invite children (pre-K through 5th grade) to attend a special Children's Worship. They will rejoin their families in the Sanctuary during the Offertory/Last Hymn.

Sunday School for pre-K through 6th grade Sunday School starts at 10:10 a.m. to 10:55 a.m. (pick up between 10:55 – 11:05 a.m.), in the following classrooms located in the upstairs Education Wing:

- 204 – 1st & 2nd Grade
- 206 – PreK3-Kindergarten
- 208 – Firewalker Kids
- 205 – 3rd & 4th Grade
- 207 – 5th & 6th Grade

Nursery care is available for infants up to 2 years old from 8:45 a.m. to 12:30 p.m. Volunteers near the Community Commons will help you find the Child Care Center or your child's Sunday School class.

ONLINE PARTICIPATION

If you are worshipping with us virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

All music featured on our livestream is used by permission with CCLI License #2668115.

WE ARE ON NATIVE LAND

When we gather for worship and ministry on the corner of 16th and P, we do so upon the sacred, traditional, and unceded lands of the Anacostan, Massawomack, Susquehanock, Piscataway, and Pomunkey peoples, who were forcibly removed from them to allow for English settlement. As occupiers of their territory, we recognize them as the original and perpetual stewards of this land and gratefully acknowledge our responsibility for a more honest recounting of our history that empowers us to work for the thriving of all people.

STAYING SAFE AT FOUNDRY

Foundry is committed to protecting the safety of all persons at our church. Our Safe Sanctuaries Policy — establishing procedures for the protection of children, youth, and vulnerable persons — can be found at foundryumc.org/safe. Our Nut and Allergy Safety Policy can be found at foundryumc.org/allergies.

FEAR NOT: GOOD NEWS FOR A WEARY WORLD

The story of Jesus' birth is filled with divine messengers bringing a surprising word: "Do not be afraid." From Zechariah in the temple to Mary in Nazareth, from Joseph in a dream to shepherds in the fields, from Magi following a star to disciples at the river, God's people have always faced uncertainty, danger, and change. In every moment, God speaks courage and hope into fearful hearts. This Advent, Christmas, and Epiphany, we'll follow the biblical journey from promise to fulfillment, from darkness into light, discovering how God's presence transforms fear into faith, joy, and bold action for the sake of the world. .

This event is being photographed and recorded. Please be advised that by entering this worship space, you agree to be filmed and/or photographed, and the resulting assets may be used for Foundry UMC promotional purposes. Should you wish not to be photographed or recorded on video, please notify one of the clergy members.

9 A.M. | WORSHIP SERVICES

Welcome

Ginger E. Gaines-Cirelli

Advent Candle Lighting

Amanda and Nick Beadle,
Leah and Ava

One Voice: Even when we doubt, God's promises still hold.

Many Voices: We light the candle of Hope. Even in the silence, God is faithful. Fear not—the promise is coming.

+Hymn TFWS #2092

Daniel Charles Damon

LIKE A CHILD

Children's Message

Natalie Harvey

Sharing Joys & Concerns

Jonathan Brown

Call to Prayer TFWS #2089

David Ashley White

WILD AND LONE THE PROPHET'S VOICE

Verse 1

Pastoral Prayer

Jonathan Brown

Lord's Prayer

Our Mother/Father, who art in heaven,
hallowed be thy name. Thy kin-dom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. For thine is the kin-dom,
and the power, and the glory forever. Amen.

Scripture Reading

Josiane Blackman

ISAIAH 2:1-5; LUKE 1:5-25

One Voice: Recieve what the Spirit is saying.

Many Voices: Thanks be to God.

*Children pre-kindergarten – 5th grade are invited to
depart for Children's Worship.*

Anthem

Lloyd Larson

A VOICE CRIES OUT PREPARE THE WAY OF THE LORD

Robert Baker, tenor

Sermon

Ginger E. Gaines-Cirelli

FEAR NOT: THE PROMISE IS COMING

Offertory

Jonathan Brown

Music at the Offertory *Freu dich sehr, arr. John Ferguson*

COMFORT, COMFORT

+Doxology AAHH #651

Praise God, from whom all blessings flow
Praise God, all creatures here below
Praise God above, ye heavenly host
Creator, Christ and Holy Ghost.

Invitation to Discipleship

Ginger E. Gaines-Cirelli

+Hymn TFWS #2088

Rick Founds

LORD, I LIFT YOUR NAME ON HIGH

+Benediction

Ginger E. Gaines-Cirelli

+Postlude

Individual Prayer

If you are in need of individual prayer, you're invited to pray with a member of our Sunday Prayer Team at the front of the Sanctuary.

11:15 A.M. | WORSHIP SERVICES

Prelude

Daniel Pinkham

VARIATIONS ON "VENI EMMANUEL"

Welcome

Ginger E. Gaines-Cirelli

Advent Candle Lighting

Samantha and Mark Sweeney,
Tyler and Lila

One Voice: Even when we doubt, God's promises still hold.

Many Voices: We light the candle of Hope. Even in the silence, God is faithful. Fear not—the promise is coming.

+Hymn UMH #196

Rowland Prichard

COME, THOU LONG-EXPECTED JESUS

Children's Message

Natalie Harvey

Sharing Joys & Concerns

Jonathan Brown

Call to Prayer UMH #198

harm. Charles Webb

MY SOUL GIVES GLORY TO MY GOD

Verse 1

Pastoral Prayer

Jonathan Brown

Lord's Prayer

Our Mother/Father, who art in heaven,
hallowed be thy name. Thy kin-dom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. For thine is the kin-dom,
and the power, and the glory forever. Amen.

Scripture Reading

Steve Pflasterer

ISAIAH 2:1-5

LUKE 1:5-25

One Voice: Recieve what the Spirit is saying.

Many Voices: Thanks be to God.

*Children pre-kindergarten – 5th grade are invited to
depart for Children's Worship.*

Anthem

*J. S. Bach from Wachet auf,
ruft uns die Stimme, BWV 140*

NO. 4 CHORALE: ZION HÖRT DIE WÄCHTER SINGEN

Translation:

Zion hears the watchmen's voices; Her heart leaps upward and rejoices.

She wakes and runs to him with joy.

For her friend comes from the heavens, adorned with grace;
with truth he governs.

Her light is bright, her star is high.

Now come, thou worthy crown, Lord Jesus, God's own Son, Hosanna!

We follow, all, to his great hall, to celebrate this joyous meal.

Sermon

Ginger E. Gaines-Cirelli

FEAR NOT: THE PROMISE IS COMING

Offertory

Jonathan Brown

Music at the Offertory

*Spiritual, arr. Andre Thomas,
Black Composers Series*

KEEP YOUR LAMPS

Manny Arciniega, conga

+Doxology UMH #94

Praise God from whom all blessings flow!

Praise God all creatures here below!

Alleluia! Alleluia!

Praise God the source of all our gifts!

Praise Jesus Christ who's power uplifts!

Praise the Spirit, Holy Spirit,

Alleluia! Alleluia! Alleluia!

Invitation to Discipleship

Ginger E. Gaines-Cirelli

+Hymn UMH #206

Kathleen Thomerson

I WANT TO WALK AS A CHILD OF THE LIGHT

+Benediction

Ginger E. Gaines-Cirelli

+Postlude

*Adolphus Hailstork,
Black Composers Seires*

TOCCATA ON "VENI EMMANUEL"

Individual Prayer

Members of the Foundry Prayer Ministry Team are available after services at the front of the Sanctuary for one-on-one prayer.

We invite you to Scan this QR Code to view our 2026 Stewardship Booklet.



Submit your 2025–2026 Estimate of Giving by visiting foundryumc.org/2026-estimate

2025 ADVENT GREENS AND POINSETTIA DEDICATIONS

Enhance the beauty of our Foundry sanctuary and support the Worship and Music ministries during this holy season by purchasing Advent greenery and poinsettias! Purchases may be made in honor or in memory of a loved one. **Poinsettias will be available for pickup following our 8 p.m. Christmas Eve celebration or our 10 a.m. service on Sunday, December 28.** Register at foundryumc.org/poinsettias

COMMUNITY CHRISTMAS POTLUCK: DECEMBER 14

Join us for our Christmas Potluck on December 14 after our one 10 a.m. worship service, in the Norman and Frances Fellowship Hall! Please use this sign-up form to let us know if you'll be bringing a side dish to share. We'd love to have your holiday favorites to complete the meal! Register at foundryumc.org/christmas-potluck

FOUNDRY CHRISTMAS PLAYLIST

Do you have a favorite Christmas carol you can't get enough of? An Advent hymn that reminds you of your childhood? A new favorite that always makes you want to dance? We want to include your favorite seasonal songs to be included in a Foundry Christmas Playlist. Visit foundryumc.org/christmas-playlist to learn more and submit your song(s) by December 7. The playlist will be announced and go live on Spotify on December 10.

Starting this Sunday November 23 — **The annual Advent Sale of fairlytraded chocolate, coffee, tea, olive oil, and dried fruit will take place in the Commons after both services November 23 – December 14.** Special orders from the Equal Exchange catalogue (<https://shop.equalexchange.coop>) will be taken on November 23.

MUSIC AND WORSHIP ARTS

"Would you like to get a handle on your Handel?" If you have sung the *Handel Messiah* – or any part of it – at any time in your life – and wish to again, this is for you. **The Foundry Choir will be preparing selections from Handel's Messiah for our special Advent music on Sunday December 21 at 10 AM (one service, only).** Folks are invited to join the choir for this musical worship offering. We will be rehearsing starting with Wednesday night rehearsals at 6:45 PM at Foundry starting on December 3 – just show up. There will be an orchestra dress rehearsal on Saturday December 20 at 9:30 AM at Foundry. Please consider joining the choir for this beloved Advent music. If you have questions email music@foundryumc.org

FAMILY MINISTRIES

YOUTH CHRISTMAS KICKBACK: DECEMBER 7

Youth in 7th grade and up are invited upstairs after the 11:15 a.m. service (at 12:30 PM) for lunch, games, white-elephant gifts, cookie decorating, tree trimming, and more holiday fun!

Register at foundryumc.org/youth-kickback

SAVE THE DATE:ASP 2026

Mark your calendars for The 2026 ASP Mission Trip will be June 20–27! **The Youth ASP Interest Meeting & Reunion held on Sunday, January 11 at 10:10 a.m. in the Youth Room.** An Adult Volunteer Interest Meeting will also be held on Sunday, Jan. 11 at 12:30 PM in the Fellowship Hall.

VOLUNTEERS NEEDED – STEAD PARK WINTER FESTIVAL

Join us in partnering with the Friends of Stead Park for their annual Winter Festival on Dec. 6, from 10:30 A.M.–12:30 P.M.! We'll help neighborhood children decorate cookies and wooden picture frames. Interested? Email the Director of Family Ministries nharvey@foundryumc.org for details.

CHILDREN'S WORSHIP VOLUNTEER TRAINING: JANUARY 10 & 17

All current and prospective Children's Worship volunteers are invited to training on Saturday, January 10 and 17, from 9:30–11:30 a.m. in the Norman and Frances Fellowship Hall. We'll cover the structure of Children's Worship, volunteer roles, and Safe Sanctuary–approved behavior management skills. A Safe Sanctuary policy review will follow for those who need it. Breakfast and coffee provided!

FIND YOUR CIRCLE

SAVE THE DATE: WOMEN'S RETREAT 2026

The annual Foundry Women's Retreat will be held on February 20–22, 2026 at Pecometh – Riverview Retreat Center, Centreville, MD.

We invite women of Foundry to gather for a weekend of rejuvenation, relaxation and reconnection. Plenary speaker Diana Hagewood Smith will lead us in a discussion of "Charting Our Course: Aligning Our Assurances With Action!" Retreat fee includes transportation, lodging, and meals. Assistance is available to assist with this fee if needed. Registration opens in late December. To learn more and register, please join the Women's Retreat group in the Church Planning app.

EVENING DISCIPLE FAST TRACK: NEW TESTAMENT

Disciple Fast Track is designed for busy people seeking comprehensive engagement with the Bible. **Our Evening Disciple Fast Track: New Testament study kicks off Tuesday, January 13 at 6:30 P.M. and runs for 12 weeks.** This engaging, manageable class invites you to dive into the Hebrew Scriptures through daily readings and weekly class meetings. **The class will meet in person in room B2 and on Zoom. Register at foundryumc.org/fast-track-new-testament**

LENTEN DEVOTIONAL CREATIVE WORKSHOP: SUNDAY, JANUARY 4, 2026
Come in person or via Zoom to learn how to contribute to this year's Lenten Devotional! Join this workshop from 12:30 – 2 p.m. in Room 203 or online. It will help you incubate ideas for a 300-word essay, poem, or artwork based on this year's theme. A light lunch will be served for those attending in person. Register at foundryumc.org/lenten-workshop

DEAR WHITE CHRISTIANS: JANUARY 11, 2026

A candid, hopeful exploration of Jennifer Harvey's Dear White Christians, calling communities to move from "reconciliation talk" toward reparative action and anti-racist discipleship; expect thoughtful reading, honest conversation, and practical next steps in the way of Jesus, taught by Pastor Jonathan Brown. **Starts Sunday, January 11, 2026, at 10:10 a.m. in Room B2.** Register at foundryumc.org/dear-white-christians or email lgbtqpotlucks@foundryumc.org for more information.

SOCIAL JUSTICE & SERVICE ACTIVITIES

CHRIST HOUSE VOLUNTEERS AND COORDINATOR NEEDED

Foundry is in need of someone to help coordinate volunteers and buy groceries for the monthly Christ House cooking ministry. We also need more volunteers to do the cooking.

If interested, please email christhouse@foundryumc.org

WIN ACTION: THURSDAY, DECEMBER 4

Join WIN clergy and leaders on Thursday, December 4, at the Wilson Building for an urgent action at a hearing of the Council Committee on the Judiciary and Public Safety. We will show up in solidarity, grief, hope, and moral clarity and authority. For more information email sacredresistance@foundryumc.org

SACRED PAUSE MEDITATION: WEDNESDAY EVENING SESSION

Do you need more grounding and fewer distractions? More community and less isolation? Join Foundry's Sacred Pause group, which gathers **every weekday** over Zoom from **8:00 a.m. to 8:15 a.m. and every Wednesday at 6:00 p.m.** to practice meditation and contemplative prayer. It is a beautiful and grounding way to start your day. Register here: foundryumc.org/sacred-pause

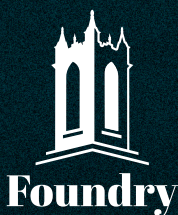
MIGRANT SOLIDARITY MUTUAL AID INTEREST MEETING

Foundry is exploring ways to partner with Mutual Aid to support migrant families. An information session will be held at Foundry on **Sunday, December 7 at 10 a.m.** More details coming soon. If you are interested in being a part of a Foundry team that would be matched with a local family, please email Jackie Wright at jwright@foundryumc.org

Check in!



Scan with your
smartphone camera.



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