





I am about to do a new thing; now it springs forth; do you not perceive it?

I will make a way in the wilderness and rivers in the desert.

Isaiah 43:19

A NOTE FROM Paston Gingen

Over the past several years, the rhythms of our lives have shifted in a variety of ways. Multiple pandemics disrupted everything, and the continued ripples of that disruption show up in our personal habits and in communal patterns of work and social life.

As I've returned to active ministry following my Health and Spiritual Renewal Leave, it's clear that Foundry remains strong and vital and that our congregation is feeling some effects of the pandemics. A stable core of our membership is engaged and serving in powerful ways. New and diverse people are coming through our doors at 16th and P and through our portals online and are eager to connect and to serve.

At the same time, some of our Foundry family have fallen out of the habit of in-person connection and worship.







A number of articles and surveys have addressed this significant trend within both religious and secular communities and organizations. Studies show that societies with declining levels of religious engagement, like the U.S., could be at risk for declines in personal and societal well-being.

If the surveys are correct, at this moment when so much has changed and is changing, Foundry offers much of what people are longing for: diverse and inclusive community, space to question and wrestle with faith, and opportunities to make a difference in the world.

AND God is always doing a new thing — making a way through difficult stretches of the journey and sending water to flow into parched places. Right now, God's presence is powerfully at work among us at Foundry, inspiring new energy, new vision, new life.



Like tributaries being restored with fresh water, streams of people — both Foundry long-timers and newcomers — are finding their way to Foundry to reunite and flow together into a shared future.

Recognizing the changing landscape, the Foundry Board and I have agreed that it is time for a bold, new vision for Foundry that will guide us over the next 5 years. The goal is to build on our core strengths, let go of things that no longer serve, and embrace new ideas

and strategies to fulfill our call to Love God, love each other, and change the world.

In addition to strategic visioning and new initiatives within all ministry departments, in 2024 Foundry will focus on:

- LGBTQ+ advocacy before and after the UMC General Conference
- Diversity, Equity, and Inclusion (DEI) and Racial Justice capacity building
- Lay leadership development and engagement
- Renewing our ministries with children, youth, and families under the leadership of Natalie Harvey our new Director of Family Ministries
- Creating new avenues to connect in community as a congregation and in small groups

Foundry thrives through shared commitment to our mission and through our gifts of time, skill, and financial resources. Explore the pages of this book to learn more about the impact your gifts have made in persons' lives and in our community. And prayerfully consider how you can help us reach our goal of \$2.2m for the Reunite and Renew campaign that will support Foundry into the future.

God is calling us to Reunite and Renew. I pray you will participate in the new thing God has in store for Foundry.

With you on the way,

Dinger de Sainsfielli

Rev. Ginger E. Gaines-Cirelli

Senior Pastor

2023 Impact Summary

CASH REVENUE

CONTRIBUTIONS \$2,334,720

SPECIAL APPEAL \$58,085

GENERAL \$20,600

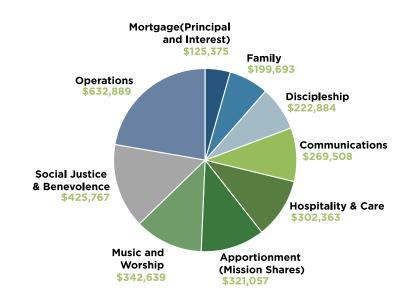
TRANSFERS FROM

TEMPORARY RESTRICTED* \$439,376

TOTAL CASH REVENUE

\$2,852,781

EXPENSES



TOTAL EXPENSES \$2,842,175

^{*}Restricted funds are monies set aside for a particular purpose as a result of designated giving and cannot be used for other expenses. These transfers are to cover expenses for their designated purposes. Final audited statements by the firm Citrin Cooperman, for the year ending 2022, are available upon request.

The Worship Experience

Here at Foundry, we mindfully cultivate a transcendent worship experience for all in attendance, whether in person or online. We root our rituals in tradition as we innovate to serve worshipers at a distance. Our Senior Pastor's preaching and worship leadership, diverse guest preachers, and special music Sundays ensure that we connect with the world outside our walls and traditions that enrich our spiritual journey. This year, during Pastor Ginger's leave, we were blessed by a variety of guest preachers, including:

- Bishop LaTrelle Easterling, episcopal leader of the Baltimore-Washington and Peninsula-Delaware Conferences of the United Methodist Church
- Rev. Dr. A. David Argo, Retired Elder, Baltimore-Washington Conference
- Rev. Enger Muteteke, Senior Director of Programs and Education, General Commission on Religion and Race (GCORR), United Methodist Church
- Guy Cecil, Foundry Board President



- Rev. Dr. Lydia Muñoz, Executive Director of the United Methodist National Plan for Hispanic/ Latino Ministry
- **Bishop Hope Morgan Ward**, Retired Bishop, Southeastern Jurisdiction
- Rev. Dr. Katie Hinman, Project Director,
 Dialogue on Science, Ethics, and Religion
 (DoSER) at the American Association for the
 Advancement of Science
- Bishop John Schol, episcopal leader of the Easter Pennsylvania and Greater New Jersey Conferences of the United Methodist Church
- Rev. Dr. Cynthia D. Weems, Assistant to the Bishop for Congregational Mission, Florida Annual Conference
- Rev. Dr. Byron Thomas, District Superintendent of the Central South District in the North Georgia Conference
- Dr. Michael Hill, President of the Chautauqua Institution
- Rabbi Steve Weisman, Temple Solel, Bowie, MD



We have enjoyed, and will continue to enjoy, many Special Music experiences in 2023, including:

- Throughout the month of February, featuring music by Black composers, as a means of highlighting the Worship and Music Arts contributions of Blacks in Methodist Worship. Each Sunday during February, congregants gained a deeper knowledge of these contributions in hymns, anthems, instrumental solo, vocal solo, and oratorio music
- The Ordering of Moses, a choral masterwork
 performance in collaboration with the IN Series, Asbury
 United Methodist, and Mount Vernon United Methodist
 Church, with Pastor Kealani Willbanks leading the
 Invocation for the opening night, Stanley Thurston,
 conductor, with The Heritage Signature Chorale.

- "Gospel Mass" by Robert Ray
- The Art of Music Ministry: Rhythm of Our Lives
- A New Creation by René Clausen, for All Saints Sunday
- Hodie by Vaughan Williams, for Advent

To continually support and grow our music ministry, we have added new members to the Worship Team dedicated to enhancing your worship experience, including:

- Lay Singer Participants Coordinator
- Integration Chair
- Section Support





In 2024, we hope to bring you even more ways to get involved with worship and music here at Foundry. We are currently envisioning new ways for lay musical participation, filling the choir loft with (a goal of) 30 singers each Sunday, creating a Seraphic Voices choir for soprano and alto voices, and continuing to build out our new Congregational Choir with even more avenues of flexible participation. We can't wait to experience it all with you.

- Foundry has online viewers from 15 countries and five continents
- Almost 1,000 subscribers access our online content, both live and archived, a lot — with over 3.5 years of total watch time logged on our content, and over 6,000 hours of total watch time this year alone, our reach goes far beyond the corner of 16th and P.
- Without running advertisements, we gained 132 new subscribers — that's pretty grassroots! Thank you to all who share your Foundry online worship experience with loved ones.

GROWING AND LEARNING Sogether as disciples



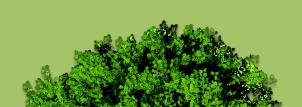
We are so excited about all the ways the Foundryfamily has reunited in this past year to learn, grow and develop as disciples of Jesus. We formed a Discipleship Ideation Team to brainstorm and receive new ideas for adult classes and small groups. We have been offering an expanded collection of course on subjects that we've never explored together before. And so much more.

Other ways we have come together to grow and learn include:

- Program engagement at pre-pandemic numbers
- Drawing on Religion course about comic books and religion
- Two sessions of the year-long Discipleship Bible Studies

- Courses on Mark as Story and the Book of Revelation
- A new Social Studies young adult class
- An Advent course focused on a book by Raymond Brown
- A course on the intersectionality of Disney Hospitality and the Church
- Monthly LGBTQ+ Potluck gatherings
- Our annual Lenten Devotional, which was distributed via daily email to 130 recipients and via print booklet, becoming one of our most popular print pieces to date
- Empowering new leaders to teach courses they are passionate about in the 2023–2024 program year

In 2024, our Discipleship team looks forward to expanding adult classes and programming to include: Fellowship events where people can gather around a shared passion (movies, hiking, sports); new small groups; and a "Fresh Expression" — finding a non-traditional community partner to facilitate a series of activities.



MI Jean

DRAWING ON RELIGION

This past Spring, I was delighted and intrigued to be a participant in the Drawn on Religion class. The premise was an interesting one to me: a six-week series of classes looking at how aspects of religion, especially Christianity, are portrayed in comics, critical conversation on how those narratives inform readers, and what we think about the authors' perspectives.

This class filled a gap I think is missing from much of our conversation as Christians and as Methodists: pop culture does have A LOT to say about our religious identities and on behalf of our identities as Christians, so where do we as individuals of faith align or differ from those depictions? How can we come together as a community to acknowledge and combat the sins our faith institutions and fellow members of our faith community have committed? How do we shine our light when weighed down and dimmed by these sins?

What started as a lighthearted "that sounds fun" class became a point of spiritual sustenance. I am thankful for the opportunity to have been in it, and I hope the class is repeated in the future.





Joanne Steller

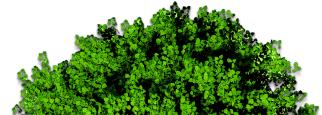
WHAT WE LEARNED TOGETHER — THE 2023 LENTEN DEVOTIONAL

Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

— Isaiah 43:18-19, NIV

Working across generations and among scores of Lenten Devotional contributors is a profoundly spiritual experience at this time of my life. I'm a retired communications specialist, and many of my "former things" no longer apply in the digital world. But, collaborators like Foundry's communications team showed me that their perspective and mastery of new technologies could make the devotional richer, more accessible, and more efficiently produced.

Learning this has concentrated my energies into doing a beloved new leadership thing — nurturing writers and encouraging their creativity. Our collection of written work helps devotional readers make their way through Lent with daily reflections that connect our hearts to each other and to God.





Margaret Yao WRESTLING WITH SCRIPTURE, TOGETHER

No one was more surprised than me to realize how much I looked forward to the weekly 90-minute Zoom calls of our Disciple I Bible study group last Fall and Spring. This says a lot about what it means to me to be a part of the Foundry community.

What was I expecting? I signed up for the class, knowing a part of me felt shame for large gaps in my understanding of the Bible, gaps I would be sharing for 34 long weeks with my classmates. Also, Zoom anything by 2022 was challenging.

Instead, it became clear that the new Discipleship pastor, Rev. Jonathan Brown, brought our group an inclusive, nonjudgmental, scholarly yet attimes irreverent, facilitative style. When we wondered about some dated video support material, he readily jettisoned it and instead opened us with thoughtful, custom-prepared framing every week. I, for one, didn't want to arrive late for fear of missing that. I appreciated the new guy.

Instead, it also became clear that no one was interested in judging others' gaps or anything else, preferring inquiry, authenticity, and openness. I learned that growth in a Foundry-supported community meant that wrestling with Scripture was a feature, not a bug. We gleaned what we could from reading, context, various translations, and

traditional teachings. Equally and vitally important, however, we also were expected to apply our own lived experience and awareness of stirrings of spirit within and among ourselves.

It's hard to convey, but learning together with other committed congregants resulted in repeated encounters with the Holy Spirit that enriched my faith journey. It was amazing to me. The bonus? I also have new friends with whom I share a meaningful spiritual connection. What a blessing to be inspired by their gifts and service. What a blessing to see each other on the regular as part of the Foundry community and body of Christ.

EB McCready and Christian Hatten

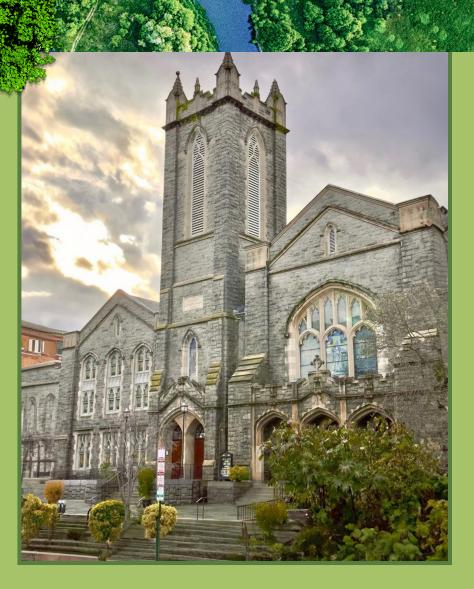
MAKING STUDIES SOCIAL

Our first experience with Foundry's discipleship ministry was the Disciple's Path new members' class when we joined the church. It was a great opportunity to meet others who were also choosing a church home, while helping us figure out exactly what we believe and why.

Through our class, we met several other people who were in similar positions to us, and they've all continued to be great friends. Some of the people in our class even ended up joining our small group! Through the disciple's class, we built our confidence in the church and built confidence in ourselves, our faith, and the role we could play in this faith community.

After we joined the church, we wanted to continue to build these relationships and use some of the skills we learned we had to give back to the church, so we started a young adult "Social Studies" class. We combined Bible study and small group with social and fellowship activities for young adults.





One interesting thing about the class is that we have members from all different faith backgrounds, who all seem to be going through similar experiences in our faith journeys. It's great to have a safe space to talk about what we're going through, talking openly about the highs and lows of pursuing Jesus as young adults in society today, and the different backgrounds mean that we can all help each other grow and learn.

Our involvement in Foundry's discipleship programs have helped us build a stronger foundation for our faith; helped us be accountable to others as we pursue a relationship with Christ together; and helped our new church feel more and more like a church home.



in Care and Prayer

At Foundry Church, we believe that one of the greatest ways we love God is by loving each other. From our Care and Prayer teams to our renewed Stephen Ministry support program, our we have remained steadfast in connecting with both each other and God in meaningful ways through all of life's stages.

Here are some of the ways we've done that this year:

- Our Care Team re-launched Stephen Ministry. Stephen Ministry offers a proven and effective way to organize, equip, and supervise a team of congregation members — called Stephen Ministers — to provide highquality, one-to-one, Christ-centered care to people in the congregation and the community experiencing life difficulties
- Our clergy team developed a shared database for pastoral concerns
- We offered Smart Recovery each week, a secular alternative to Al-Anon and Johnson Intervention, as well as a weekly support group for those struggling with loss and transition
- Our Card Team sent cards to those in need of comfort —for instance, on the anniversary of a loved one's passing — or who are celebrating a birthday over 70
- Our Care Team communicated weekly with our clergy team regarding those in need, battling cancer, requesting meals or visits, or other notable events. They maintained a list of members who are home-bound, living in a senior facility, and/or have recently moved from the D.C. area and would appreciate contact
- Our Prayer Team received and offered prayers, both throughout the week and in person via the Worship Prayer Team available to worshippers each Sunday

Josiane Blackman

TRANSFORMED BY SERVICE





I served as a Stephen Minister at Foundry a little over 20 years ago. It was a time in my life when I felt ready to put my faith into action. I had attended Foundry for a few years and benefitted from the available study opportunities, including intensive Scripture study. So, I signed up and went through the training — a time of reading, learning, discernment, and rich conversations with fellow Stephen Ministers.

Gradually, I bonded with a small group of kindred spirits, ready to enter into relationship with each other and with others.
Such relationships grow from deep faith and commitment to the mission of Stephen Ministries. That mission is stated in Ephesians 4: 12–13: "to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the

knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ."

Faith, Scripture, and prayer are at the core of Stephen Ministry. The training prepared me well to relate to others from a place of compassion and confidence. Stephen Ministers are taught to be compassionate listeners, fully present to the needs of those for whom they are caring. So, significant time is allotted during training to understanding the importance of deep listening and practicing this crucial skill. Experience has shown that those receiving care often see more clearly how to move forward by sharing concerns and talking through issues with a compassionate listener.

Much time also is given to understanding and practicing assertiveness skills: clear boundaries define the care relationship. I became more assertive in my personal

relationships and more confident as a teacher. Another crucial skill is the ability to honor confidentiality: all relationships that Stephen Ministers enter with those needing care must be confidential. My training gave me confidence in my ability to effectively support a hurting person. And, In addition to the joy of being of service, I realized over time that I had been transformed by becoming a Stephen Minister. I had grown personally and spiritually, and this growth enhanced all my relationships. I had grown in faith, and my prayer life had been strengthened, which helped me face the challenging task of caring for my husband for several years at the end of his life.

Stephen Ministry is a potentially a powerful gift to Foundry, an extension of pastoral care, enhancing the spiritual life of our congregation community in multiple unseen ways.

LIFTING UP VOICES For Austice





With your support, Foundry is able to engage directly with community partners and initiatives, not only here in Washington, but across the world. We put our mission into action by advocating for justice for God's kin-dom — our neighbors near and far, as well as the planet.

Here are some of the ways Foundry has recently carried out our call to "love God, love each other, change the world."





- Supported resident leaders at Judiciary House in meetings with District of Columbia Housing Authority officials in January
- HUD Point-in-Time Count of unhoused persons for Dupont Neighborhood with an all-Foundry team
- Attended District Council Member meeting with Washington Interfaith Network (WIN), Council Chair, Ward 6, Ward 2, Ward 4, and an At Large Member in February
- Testified in front of the DC Council on the Healthy Homes Act
- Continued regular cooking missions with Sandwich 1000 and Christ House with new lay leadership
- Strong showing of Foundry members (35 +) at the WIN Ward 2 event on May 2 advocating for an equitable and just DC budget
- Multiple members of Foundry's Sacred Resistance team testified before City Council hearings this spring/summer

- Hosting a public safety teach-in for WIN member congregations with almost 100 in attendance
- Hosted the annual WIN Public Safety Teach-In on March 19 with over 50 participants
- Distributed \$15,000 to the TraRon Center of Washington, D.C., as part of our annual Lenten Appeal
- Foundry's ID Ministry continues to gain national and regional recognition for its work eliminating barriers to work, housing and education. The work of the ID Ministry was recently featured by the United Methodist news service.
- Held the Fall Great Day of Service with almost 100 volunteers, helping to pack almost 5,000 meals for Rise Against Hunger
- We continued the implementation of sustainable coffee hour
- Began working with Avery Davis Lamb on the 40th anniversary concert for Creation Justice Ministries
- Rev. Ben Roberts Attended the Parliament of World Religions in Chicago for the UM Ecumenical and Interreligious Training
- Held the first listening session with the Beyond Borders team looking for meaningful ministry opportunities abroad



Greg McGruder

LOVING GOD, LOVING EACH OTHER, CHANGING THE WORLD

On May 2, I had the opportunity to join 30 members of Foundry's Sacred Resistance at a meeting organized by the Washington Interfaith Network. The meeting's focus was on public safety, the upcoming budget, and legislative actions supporting public safety.

Although Council Member Brooke Pinto was one of the featured speakers, we also heard powerful stories from faith leaders and local citizens, all putting out a call-to-action for us at the meeting—and beyond—to address the underlying problems contributing to gun violence.

It was fitting that this gathering took place at Metropolitan A.M.E. Church, just a few blocks from Foundry. The African Methodist Episcopal denomination is the oldest Black church in the United States, and its very creation was the result of Black citizens who were not allowed to worship in a predominantly White Methodist church in Philadelphia in 1787, taking charge and forming their own church and benevolent union to foster community support and self-sufficiency.

That legacy of spirituality and social change has been part of Metropolitan's DNA since 1838, and over the years was reflected in the voices of people like Frederick Douglass, Eleanor Roosevelt, and Desmond Tutu. That feeling of change was a powerful presence in the sanctuary that evening. We witnessed people coming together to chart their own course to a better future. We witnessed people realizing that behind the words and numbers reflecting legislation and budgets are the real lives of every D.C. resident.

At the end of the meeting, I think all of us from Foundry came away knowing that if we love God, and love one another, we can truly change the world.



Chris Shattuck

FOUNDRY AT ITS BEST

Foundry's ESL program has now been going strong for almost two years, after a several-year pause for Covid. This all-volunteer program provides free English classes to anyone 17 and older who wants them.

Our students range from young adults to nonagenarians, recent migrants and refugees and folks who have been here for years and from places as diverse as Eastern Europe, Central America and West Africa.

This year, we have added a third level as the program has continued to grow. These classes are about learning and practicing English — but also fostering a sense of community. It's always a pleasure to see the hugs and tears as teachers and students say goodbye at the end-of-session party.

One volunteer recently described the ESL program as "Foundry at its best" — and I couldn't agree more!





And generations of leaders

At Foundry, we are proud to help cultivate leaders of every age. From our "Toddler Council" (the babies who eat together during Sunday Coffee Hour) to our Board, we have so many ways for everyone in your family to find support, learn, and lead. Here's what FamilyMinistries has been working on this past year:



- Onboarding our new Director of Family Ministries,
 Natalie Harvey
- Taking 23 volunteers, both youth and adult, on the Appalachia Service Project (ASP) in Knott County, Kentucky to repair homes
- Helping our youth throw a Christmas party for the younger children
- Confirming five young people
- Holding the annual Christmas Eve Family Service including the instant Christmas Pageant
- Gathering our youth for team building activities such as an XFL game, laser tag, and a super bowl party
- Joining in Stead park's Easter Egg Hunt
- Empowering new leaders to teach courses they are passionate about in the 2023-2024 program year
- Recruiting 11 new reading volunteers to read with elementary school children as part of Project Transformation

 Our 2023 Family Camp at West River involved 70 participants in a long tradition of intergenerational gatherings, started in 1974 and continuing until today, with activities and nature experiences for children, parents, grandparents, and even a beloved great-grandparent.

In the next year, we plan to create even more ways for all ages to get involved, learn, and lead here at Foundry. This will include:

- Creation of a Family Ministries Leadership Team made
 up of lay leaders from each of the core programs
- A Youth Leadership team for Youth at Night
- Planning a Youth Retreat for 2024
- A community of Adult volunteers in rotation for meals for Youth at Night

BEST WEEK OF THE YEAR



Sometimes, by chance, one starts a new chapter in life. Some 25 years ago, Margie McKelvey nominated me to fill an adult position on Foundry's Appalachia Service Project trip. I didn't know much about ASP, except it involved home repair and that Chelsea Clinton and her Secret Service minders had gone the previous year, surprising other churches' volunteers and the residents of a small Appalachia hamlet.

The first-year experience leaves a strong impression. We traveled to Wyoming County, West Virginia to stay in a former elementary school, beside a fast-flowing stream that made a nice sound through open windows as we slept. Local ladies prepared our meals. Showers were at the junior high school in the next town, or behind our school in bathing suits with a garden hose. You can guess which was more popular.





My team's project was a 40-minute drive on winding roads through beautiful mountains. The frame house sat alone next to railroad tracks over which coal trains rumbled daily. A friendly dog was in the yard; there were many kittens. We repaired the roof and jacked up the sagging main beam in the cellar, so for the first time in years the doors in the house could actually close.

I vividly remember Henry, a wiry eight-year-old, who lived with his family in the house. He wanted to help, and we had a hard time keeping his fearless self off ladders. Henry carried around a plastic container of scrambled eggs, onions, and potato peelings for breakfast and lunch. He thought our shared PB&J sandwiches and snacks were a real treat. Henry peppered us with questions about our world, whether we had sidewalks and what it was like to ride in an elevator. He showed our kids how to catch a chicken and how to flatten pennies on the railroad tracks.

Tex Evans, the Methodist minister who founded ASP, was right when he said "It is a ministry of relationships — with the families we serve and within our group — with construction on the side." It is accepting people where they are, just as they are, while making their homes warmer, safer, and drier.

It is such a privilege each year to get to know our Foundry youth and adults who bring such enthusiasm and empathy to this experience, while performing practical service. What an adventure it is for all of us to meet families in Appalachia, enjoy a bit of their culture, and listen to their stories! ASP is broadening, challenging, inspirational, and can be life changing.

As longtime adult leader Ned Bachman used to say, "It is the best week of the year." It has been so for me.

REUNITE AND RENEW — TOGETHER

WHY MAKE AN ESTIMATED GIVING CONTRIBUTION FOR 2024?

At Foundry, our single most important source of funding for our ministries comes from the estimated giving contributions during our annual stewardship campaign. Unlike some churches, we receive virtually no funds from an endowment. We are deeply grateful for the faithfulness of our congregation, as we have consistently received at minimum — a 90% fulfillment rate for all promised commitments. These commitments provide us with a forecast on which we build our expense budget for the coming year. We acknowledge each gift to be as unique as the individual giver, and we strive to be exceptional stewards of the resources entrusted to us.

This year, help us reunite and renew by estimating an annual gift that is both responsible and significant based on what God is calling you to give.

Join our Foxall Society

To learn more about including Foundry in your estate planning, email **foxallsociety@foundryumc.org**.

YEARLY INCOME	AMOUNT GIVEN	15%	10%(TITHING)	8%	W%	2%
	WEEK	\$29	\$19	\$15	\$10	\$4
\$10,000	монтн	\$125	\$83	\$67	\$42	\$17
	YEAR	\$1,500	\$1,000	\$800	\$500	\$200
	WEEK	\$58	\$38	\$31	\$19	\$8
\$20,000	монтн	\$250	\$167	\$133	\$83	\$33
	YEAR	\$3,000	\$2,000	\$1,600	\$1,000	\$400
	WEEK	\$115	\$77	\$62	\$38	\$15
\$40,000	монтн	\$500	\$333	\$267	\$167	\$67
	YEAR	\$6,000	\$4,000	\$3,200	\$2,000	\$800
	WEEK	\$173	\$115	\$92	\$58	\$23
\$60,000	монтн	\$750	\$500	\$400	\$250	\$100
	YEAR	\$9,000	\$6,000	\$4,800	\$3,000	\$1,200
	WEEK	\$231	\$154	\$123	\$77	\$31
\$80,000	монтн	\$1,000	\$667	\$533	\$333	\$133
	YEAR	\$12,000	\$8,000	\$6,400	\$4,000	\$1,600
	WEEK	\$288	\$192	\$154	\$66	\$38
\$100,000	монтн	\$1,250	\$833	\$607	\$417	\$167
-	YEAR	\$15,000	\$10,000	\$8,000	\$5,000	\$2,000
	WEEK	\$433	\$288	\$231	\$144	\$58
\$150,000	монтн	\$1,875	\$1,250	\$1,000	\$625	\$250
	YEAR	\$22,500	\$15,000	\$12,000	\$7,500	\$3,000
	WEEK	\$577	\$385	\$308	\$192	\$77
\$200,000	монтн	\$2,500	\$1,667	\$1,333	\$833	\$333
	YEAR	\$30,000	\$20,000	\$16,000	\$10,000	\$4,000

City: Phone:	State:	
Contribution S \$	Schedule: one time	\$ yearly
	per week	bi-weekly
	per month	semi-monthly
т		

