LEARN TO SING THE BLUES

LENTEN SEASON

FOUNDRY
UNITED METHODIST CHURCH
WASHINGTON, DC

MARCH 14, 2021
11:15 A.M. | WORSHIP CELEBRATION ONLINE
Welcome

Foundry Church has been serving downtown Washington and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the gospel of Jesus Christ to be in ministry with all people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and we want you to feel welcome here. Please visit www.foundryumc.org for more information about our congregation, submit prayer requests, and let us know you’ve been with us in worship today.

REFERENCES TO GOD
References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord’s Prayer, in your native tongue.

CARE AND PRAYER
Please fill out the Virtual Prayer request cards at https://www.foundryumc.org/prayer. Our Clergy and prayer team will follow up with you.

INVITATIONS TO ONLINE PARTICIPATION
As we worship together virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

Artwork for the Lenten and Holy Week series are used with expressed permission by the artist Ann McLarty-Jackson of AnnMakesArt.

Learning to Sing the Blues

“How can we sing God’s song in a foreign land?” This question is found in Psalm 137, a song of lament in time of exile. Psalm 137 is an answer to its own question. Because the practice of lament, including personal and communal prayer, song, and ritual, is how we raise our voices and spirits to God in times of trouble. When we find ourselves in difficult places of pain, struggle, disorientation, captivity, or disconnection, our spiritual tradition doesn’t encourage suppression, silence, or pretending. Instead, we are reminded that God receives our strong emotions, our cries of rage and grief, and offers grace and mercy to help us move through them to a place of relief and liberation. Throughout this series, we will explore the invitation, necessity, and power of lament along the path toward freedom and new life. The promise is nothing less than resurrection!
### Prelude

*arr. Robert Shaw & Alice Parker, Women’s History Month*

**NOBODY KNOWS**

Jeanie Adkins, soloist

Chancel Choir

### Invitations to Participation

Ginger E. Gaines-Cirelli

### Lighting Our Candles

### Welcome

Ginger E. Gaines-Cirelli

### Hymn UMH #116

*from The Yigdal, Hebrew Melody, Sacred Harmony*

**THE GOD OF ABRAHAM PRAISE**

### Children’s Message

K.C. Van Atta-Casebier

### Call to Prayer UMH #420

*Robert Jackson*

**BREATHE ON ME, BREATH OF GOD**

Verses 1 & 2

### Congregational Prayer

Ben Roberts
Scripture Reading
David Cleveland, and Karin Berry
PSALM 22

Anthem
Jackie Gouche Farris, arr. Carol Cymbala,
Women’s History Month
MY HELP (COMETH FROM THE LORD)
Elise Young, soloist
Chancel Choir and Jubalate
Gerald Lee Ricks, director

Sermon
Ginger E. Gaines-Cirelli
LAMENT AS RELEASE

Prayer of Confession
Ginger E. Gaines-Cirelli

Sung Response UMH #389
Carol Owens, Women’s History Month
FREELY, FREELY
Verse 1

Offertory
Will Green

Music at the Offertory
Early USA Melody, arr. Alice Parker,
Women’s History Month
HOW FIRM A FOUNDATION
Chancel Choir
Dan Campolieta, piano

Hymn UMH #593
Dan Schutte
HERE I AM, LORD
Join us for “Coffee Hour”

Meet us on Zoom at 12:30 p.m. for a virtual coffee hour! Connect with a small group of Foundry folks in a breakout room for fellowship and conversation and don’t forget to bring your own coffee or tea! Join here using your smartphone camera or webcam. “See” you there!
The God of Abraham Praise

1. The God of Abraham praise, who reigns enthroned above;
2. The great I AM has sworn; I on this oath depend.
3. The heavenly land I see, with peace and plenty blest;
4. The God who reigns on high the great archangels sing,

Ancient of Everlasting Days, and God of love;
I shall, on eagle wings upborne, to heaven ascend.
A land of sacred liberty, and endless rest.
And "Ho-ly, ho-ly, ho-ly!" cry, "Al-might-y King!

Je-hovah, great I AM! by earth and heaven confessed;
I shall behold God's face; I shall God's power adore,
There milk and honey flow, and oil and wine abound,
Who was, and is, the same, and evermore shall be:

I bow and bless the sacred name forever blest.
And sing the wonders of God's grace forever more.
And trees of life forever grow with mercy crowned.
Je-hovah, Lord, the great I AM, we worship thee!

WORDS: From The Yigdal of Daniel ben Judah, ca. 1400;
para. by Thomas Oliver, 1760; alt.
MUSIC: Hebrew melody, Sacred Harmony, 1780; harm. from Hymns Ancient and Modern, 1875, alt.

LEONI
66.84 D
Breathe on Me, Breath of God

1. Breathe on me, Breath of God, fill me with life anew,
   that I may love what thou dost love, and do what thou wouldst do.

2. Breathe on me, Breath of God, until my heart is pure,
   until with thee I will one will, to do and to endure.

3. Breathe on me, Breath of God, till I am wholly thine,
   till all this earthly part of me glows with thy fire divine.

4. Breathe on me, Breath of God, so shall I never die,
   but live with thee the perfect life of thine eternity.

WORDS: Edwin Hatch, 1878 (Jn. 20:22)  
MUSIC: Robert Jackson, 1888
SANCTIFYING AND PERFECTING GRACE

389 Freely, Freely

1. God for - gave my sin in Je - sus’ name, I’ve been
2. All power is given in Je - sus’ name, in

born a - gain in Je - sus’ name, and in Je - sus’ name I
earth and heaven in Je - sus’ name, and in Je - sus’ name I

come to you, to share his love as he told me to.
come to you, to share his power as he told me to.

Refrain

He said, “Free - ly, free - ly you have re - ceived,
free - ly, free - ly give. Go in my name, and be -

WORDS: Carol Owens, 1972 (Mt. 10:8; 28:18-20)
MUSIC: Carol Owens, 1972
© 1972 Communiqué Music, Inc.

FREELY, FREELY
99.99 with Refrain
cause you believe, others will know that I live.
Here I Am, Lord

Unison

1. I, the Lord of sea and sky, I have heard my people cry.  
   I who made the stars of night, I will make their darkness bright.

2. I, the Lord of snow and rain, I have borne my people’s pain.  
   I will break their hearts of stone, give them hearts for love alone.

3. I, the Lord of wind and flame, Finest bread I will provide.  
   I will tend the poor and lame, till their hearts be satisfied.

All who dwell in dark and sin, my hand will save.  
Who will bear my light to them?
I have wept for love of them.  
They turn away.
I will speak my word to them.
I will set a feast for them.
I will give my life to them.

Refrain (Harmony)

Whom shall I send?  
Whom shall I send?  
Whom shall I send?  
Here I am, Lord.
Is it I, Lord? I have heard you calling in the night. I will go, Lord, if you lead me.

I will hold your people in my heart.