

REACHING FOR CONNECTION

2024

FEBRUARY 18, 2024
9 A.M. AND 11:15 A.M.



Welcome

Foundry United Methodist Church has been serving downtown Washington, D.C., and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the Gospel of Jesus Christ to be in ministry with people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and want you to feel welcome here. Please visit foundryumc.org to find more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

REFERENCES TO GOD

References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the Spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

CARE AND PRAYER

Please fill out the Prayer Request online at foundryumc.org/prayer. Our prayer team will follow up with you. You will have the option for your request to be kept confidential or, if you prefer, for it to be shared.

SINGING WITH US

OUR HYMNALS:

UMH — United Methodist Hymnal (Red)

TFWS — The Faith We Sing (Black)

AAHH – African American Heritage Hymnal (on the cart as you enter the Sanctuary)

THE APPEARANCE OF + INDICATES THAT YOU ARE INVITED TO RISE, AS YOU ARE ABLE



Hearing assistance devices can be found at the sound desk in the Sanctuary.

FAMILIES WITH CHILDREN

Foundry offers a variety of childcare and worship options for our youngest congregants every Sunday! Children of all ages are welcome to join their families in the Sanctuary at both the 9 a.m. and 11:15 a.m. Worship Services. Before the sermon, a servant leader will invite children (pre-K through 5th grade) to attend a special Children's Worship. They will rejoin their families in the Sanctuary during the Offertory.

Sunday School is available for pre-K through 6th grade children from 10:10 a.m. to 11 a.m., in the following classrooms located in the upstairs Education Wing:

- 204 – 5th & 6th Grade
- 206 – Age 3-Kindergarten
- 205 – 3rd & 4th Grade
- 208 – 1st & 2nd Grade

Nursery care is available for infants up to 2 years old from 8:45 a.m. to 12:30 p.m. Volunteers near the Community Commons will help you find the Child Care Center or your child's Sunday School class.

STAYING SAFE AT FOUNDRY

Foundry is committed to protecting the safety of all persons at our church. Our Safe Sanctuaries Policy — establishing procedures for protecting children, youth, and vulnerable persons, along with our Nut and Allergy Safety Policy, can be found at foundryumc.org/policies-building-use

ONLINE PARTICIPATION

If you are worshipping with us virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

All music featured on our livestream is used by permission with CCLI License #2668115.

WE ARE ON NATIVE LAND

When we gather for worship and ministry on the corner of 16th and P, we do so upon the sacred, traditional, and unceded lands of the Anacostan, Massawomack, Susquehanock, Piscataway, and Pomunkey peoples, who were forcibly removed from this area to allow for English settlement. As occupiers of their territory, we recognize them as the original and perpetual stewards of this land and gratefully acknowledge our responsibility for a more honest recounting of our history that empowers us to work for the thriving of all people!

Reaching For Connection

LENT 2024

Let us hold unswervingly to the hope we profess, for God who promised is faithful. And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another...

Hebrews 10:23-25

"How does your soul prosper?" This is the central question asked in John Wesley's historic Class Meetings. In our day, we ask, "How is it with your soul?" The old language carries with it a sense not just of being but of growing. What is it that is spurring your soul to deepen, expand, shine? An answer offered by spiritual teachers through the ages is that connection is what we yearn for—connection with God, with others, with our true selves. Authentic connection is soul-expanding and life-giving. It makes us feel whole. But in our culture, there is much that disintegrates, divides, and depletes our soul. This Lent, we will consider how to return to God with our whole heart, with undivided lives, with prospering souls, nurtured through the connections God always provides.



LENTEN SEASON

AT FOUNDRY

SPECIAL MUSIC SUNDAY
MARCH 3
ONE COMBINED WORSHIP
SERVICE AT 10 A.M.

PALM SUNDAY WORSHIP SERVICES
MARCH 24
9 A.M. AND 11:15 A.M.

MAUNDY THURSDAY SERVICE
MARCH 28
7 P.M.

GOOD FRIDAY SERVICES
MARCH 29
NOON AND 7 P.M.

EASTER SUNDAY SERVICES
MARCH 31
9 A.M. AND 11:15 A.M.

9 A.M. | WORSHIP SERVICE

Invitation to Participation and Announcements

Ben Roberts

Welcome

Ginger E. Gaines-Cirelli

+Hymn AAHH #391

arr. Jeffrey Radford (BCS)

I WILL TRUST IN THE LORD

Verses 1, 2 & 4

Children's Message

Natalie Harvey

Notes on Music

Stanley Thurston

Sharing Joys & Concerns

T.C. Morrow

Call to Prayer AAHH #439

adapt. Roland Carter (BCS)

COME HERE JESUS, IF YOU PLEASE

Pastoral Prayer

T.C. Morrow

Lord's Prayer

Our Mother/Father, who art in heaven,
hallowed be thy name.
Thy kin-dom come, thy will be done,
on earth as it is heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil,
for thine is the kin-dom, and the power,
and the glory forever. Amen.

Gospel Reading

Michael Tyler

MARK 1:9-15

One Voice: Receive what the Spirit is saying.

Many Voices: Thanks be to God.

Anthem

Bob Hurd

PSALM 25: TO YOU, O GOD, I LIFT UP MY SOUL

Sermon

Ginger E. Gaines-Cirelli

LOVE. STRUGGLE. CONNECT

Offertory

Kealani Willbanks

Music at the Offertory

*Pearl Williams Jones (BCS),
J. S. Bach*

JESUS, LOVER OF MY SOUL

+Doxology UMH #95

Old 100th

**Praise God, from whom all blessings flow
Praise God, all creatures here below
Praise God above, ye heavenly host
Creator, Christ, and Holy Ghost. Amen.**

+Hymn AAHH #385

William Bradbury

THE SOLID ROCK

+Postlude

Nolan Williams, Jr. (BCS)

HALLELUJAH, AMEN (REFRAIN)

C. Paul Heins, piano

***(BCS)** Music as part of our Black Composers Series

JOIN US FOR COFFEE HOUR

We hope you will join us in our Community Commons following today's service for Coffee Hour and Fellowship. If you'd like to sponsor a Sunday Coffee Hour, visit [**foundryumc.org/sponsor**](https://foundryumc.org/sponsor)

GET INVOLVED AT FOUNDRY

There are so many ways to **get involved at Foundry as a lay volunteer!** Help support our ministry and mission by **completing our Congregational Engagement Survey.** This survey gives you an opportunity to let us know where your skills, talents and passions meet our needs. Visit [**foundryumc.org/survey**](https://foundryumc.org/survey)

**ENHANCE YOUR WORSHIP EXPERIENCE BY FOLLOWING
ALONG WITH THE LYRICS OF THE ANTHEM AND OFFERTORY
BY SCANNING THE QR CODE BELOW**



391 I WILL TRUST IN THE LORD

In God, whose word I praise, in God I trust; I am not afraid; what can flesh do to me?

Psalm 56:4

1. I will trust in the Lord, I will
 2. I'm gon - na treat ev - 'ry - bod - y right, I'm gon - na
 3. I'm gon - na stay on the bat - tle - field, I'm gon - na
 4. I'm gon - na stay on 7 bend - ed knee, I'm gon - na

trust ev - 'ry - bod - y right, I will
 treat on the bat - tle - field, I'm gon - na
 stay on bend - ed knee, I'm gon - na

trust in the Lord till I die.
 treat ev - 'ry - bod - y right till I die.
 stay on the bat - tle - field till I die.
 stay on 7 bend - ed knee till I die.

Next »

I will trust in the Lord, I will
 I'm gon-na treat ev-'ry-bod-y right, I'm gon-na
 I'm gon-na stay on the bat-tle-field, I'm gon-na
 I'm gon-na stay on 7 bend-ed knee, I'm gon-na

trust in the Lord, I will
 treat ev-'ry-bod-y right, I'm gon-na
 stay on the bat-tle-field, I'm gon-na
 stay on 7 bend-ed knee, I'm gon-na

trust in the Lord till I die.
 treat ev-'ry-bod-y right till I die.
 stay on the bat-tle-field till I die.
 stay on bend-ed knee till I die.

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439 COME HERE JESUS, IF YOU PLEASE

Rejoice in hope, be patient in suffering, persevere in prayer.
Romans 12:12

knees,
me,

1. No harm have I done You on my knees, on my
2. O Lord, have mer - cy on po' me, on po' knees, me,

knees,
me,

knees, No harm have I done You on my knees, on my
me, O Lord, have mer - cy on po' me, on po' knees, me,

knees,
me,

knees,
me, When you see me on my knees, dear

Lord, Come here, Je - sus, if You please.

Lord, Come here, Je - sus, if You please.

Next »

A - - - men,

A - - - men, A - - - men,

This system contains the first two staves of a musical score. The top staff is in treble clef and the bottom staff is in bass clef. Both are in the key of B-flat major (two flats). The melody in the top staff begins with a quarter rest, followed by a half note G4, a quarter note A4, and a half note G4. The bass staff begins with a whole rest, followed by a half note G3, a quarter note A3, and a half note G3. The lyrics 'A - - - men,' are written above the top staff, and 'A - - - men, A - - - men,' are written below the bottom staff.

A - - - men.

A - - - men.

This system contains the next two staves of the musical score. The top staff continues the melody from the previous system, with a half note G4, a quarter note A4, and a half note G4. The bass staff continues the bass line with a half note G3, a quarter note A3, and a half note G3. The lyrics 'A - - - men.' are written above the top staff, and 'A - - - men.' are written below the bottom staff.

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385 THE SOLID ROCK

...For they drank from the spiritual rock that followed them, and the rock was Christ.

1 Corinthians 10:4



1. My hope is built on noth-ing less Than Je-sus' blood and
2. When dark-ness veils His love-ly face, I rest on His un -
3. His oath, His cov - e - nant, His blood Sup - port me in o'er -
4. When He shall come with trum-pet sound, O may I then in



right - eous-ness; I dare not trust the sweet-est frame, But
 chang - ing grace; In ev - 'ry high and storm - y gale My
 whelm-ing floods; When all a - round my soul gives way, He
 Him be found, Dressed in His right - eous - ness a - lone, Fault -



whol-ly lean on Je-sus' name.
 an - chor holds with - in the veil. On Christ, the sol - id Rock, I stand—
 then is all my hope and stay.
 less to stand be - fore the throne.



All oth-er ground is sink-ing sand, All oth-er ground is sink-ing sand.



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11:15 A.M. | WORSHIP SERVICE

Invitation to Participation and Announcements

Ben Roberts

Welcome

Ginger E. Gaines-Cirelli

+Hymn UMH #369

Phoebe Knapp

BLESSED ASSURANCE

Children's Message

Natalie Harvey

Notes on Music

Stanley Thurston

Sharing Joys & Concerns

T.C. Morrow

Call to Prayer UMH #462

William Kirkpatrick

'TIS SO SWEET TO TRUST IN JESUS

Verse 1

Pastoral Prayer

T.C. Morrow

Lord's Prayer

Our Mother/Father, who art in heaven,
hallowed be thy name.
Thy kin-dom come, thy will be done,
on earth as it is heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil,
for thine is the kin-dom, and the power,
and the glory forever. Amen.

PSALM 25:1-10

Sung Response #2

+Gospel Reading

Mike Lawson

MARK 1:9-15

One Voice: Receive what the Spirit is saying.

Many Voices: Thanks be to God.

Anthem

Samuel S. Wesley, arr. John Purifoy

"Let's Sing Together" Series

THE CHURCH'S ONE FOUNDATION

Congregation encouraged to join with the choir singing Verses 1 & 5, UMH #545

Please rise to sing Verse 5

Sermon

Ginger E. Gaines-Cirelli

LOVE. STRUGGLE. CONNECT

Offertory

Kealani Willbanks

Music at the Offertory

Moses Hogan (BCS)

HOLD OUT YOUR LIGHT

from "His Light Still Shines"

The lyrics can be found by scanning the QR Code on page 7

+Doxology UMH #94

Lasst Uns Erfreuen

Praise God, from whom all blessings flow;

Praise God, all creatures here below:

Alleluia, Alleluia!

Praise God, the source of all our gifts!

Praise Jesus Christ, whose power uplifts!

Praise the Spirit, Holy Spirit!

Alleluia, Alleluia, Alleluia!

+Hymn UMH #368

William Bradbury

MY HOPE IS BUILT

+Benediction

Ginger E. Gaines-Cirelli

+Postlude

arr. John Purifoy

THE CHURCH'S ONE FOUNDATION

***(BCS)** Music as part of our Black Composers Series

JOIN US FOR COFFEE HOUR

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Blessed Assurance

1. Bless - ed as - sur - ance, Je - sus is mine!
 2. Per - fect sub - mis - sion, per - fect de - light,
 3. Per - fect sub - mis - sion, all is at rest;

O what a fore - taste of glo - ry di - vine!
 vi - sions of rap - ture now burst on my sight;
 I in my Sav - ior am hap - py and blest,

Heir of sal - va - tion, pur - chase of God,
 an - gels de - scend - ing bring from a - bove
 watch - ing and wait - ing, look - ing a - bove,

born of his Spir - it, washed in his blood.
 ech - oes of mer - cy, whis - pers of love.
 filled with his good - ness, lost in his love.

Next »

Refrain

This is my sto - ry, this is my song,

The first line of the refrain is written on a grand staff (treble and bass clefs) in the key of D major (two sharps). The melody is in the treble clef, and the bass line is in the bass clef. The lyrics are: "This is my sto - ry, this is my song,". The music consists of eighth and quarter notes, with a final half note in the treble clef.

prais - ing my Sav - ior all the day long;

The second line of the refrain continues the melody and bass line. The lyrics are: "prais - ing my Sav - ior all the day long;". The music consists of eighth and quarter notes, with a final half note in the treble clef.

this is my sto - ry, this is my song,

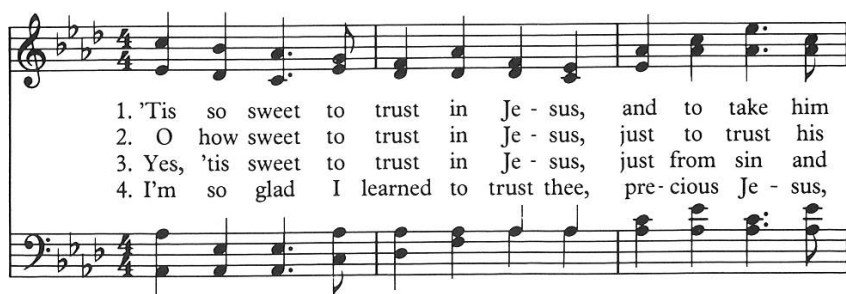
The third line of the refrain repeats the first line. The lyrics are: "this is my sto - ry, this is my song,". The music consists of eighth and quarter notes, with a final half note in the treble clef.

prais - ing my Sav - ior all the day long.

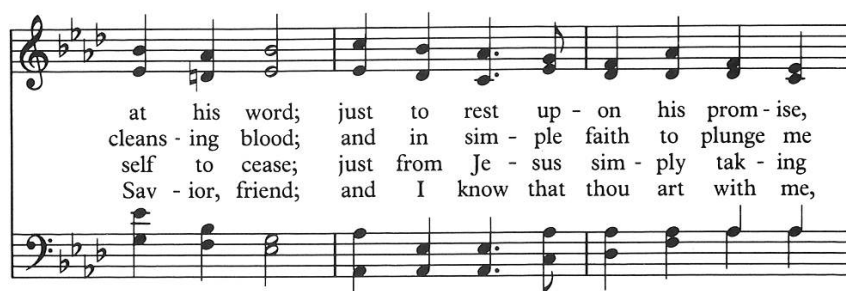
The fourth line of the refrain repeats the second line. The lyrics are: "prais - ing my Sav - ior all the day long.". The music consists of eighth and quarter notes, with a final half note in the treble clef.

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462 'Tis So Sweet to Trust in Jesus

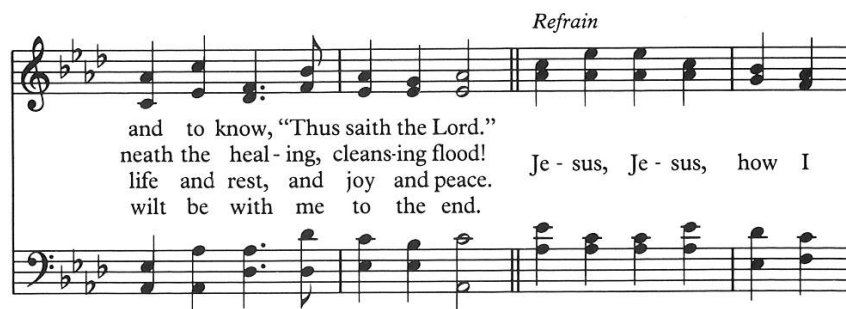


1. 'Tis so sweet to trust in Je - sus, and to take him
 2. O how sweet to trust in Je - sus, just to trust his
 3. Yes, 'tis sweet to trust in Je - sus, just from sin and
 4. I'm so glad I learned to trust thee, pre - cious Je - sus,

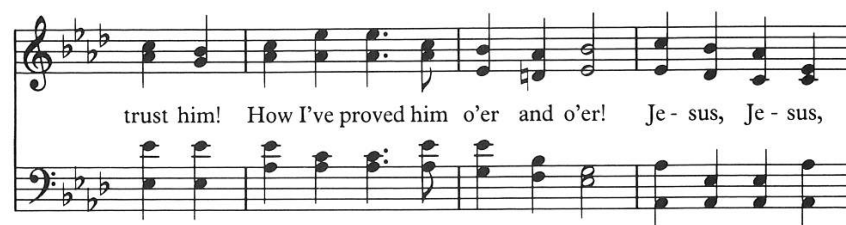


at his word; just to rest up - on his prom - ise,
 cleans - ing blood; and in sim - ple faith to plunge me
 self to cease; just from Je - sus sim - ply tak - ing
 Sav - ior, friend; and I know that thou art with me,

Refrain



and to know, "Thus saith the Lord."
 neath the heal - ing, cleans - ing flood! Je - sus, Je - sus, how I
 life and rest, and joy and peace.
 wilt be with me to the end.



trust him! How I've proved him o'er and o'er! Je - sus, Je - sus,

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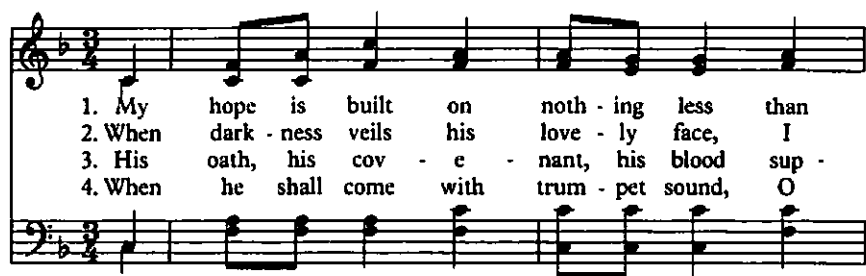
pre - cious Je - sus! O for grace to trust him more!

The image shows a musical score for a song. It consists of two staves, a treble staff and a bass staff, both in a key signature of three flats (B-flat, E-flat, A-flat). The melody is written in the treble staff, and the lyrics are placed below it. The bass staff provides a harmonic accompaniment. The lyrics are: 'pre - cious Je - sus! O for grace to trust him more!'. The music ends with a double bar line.

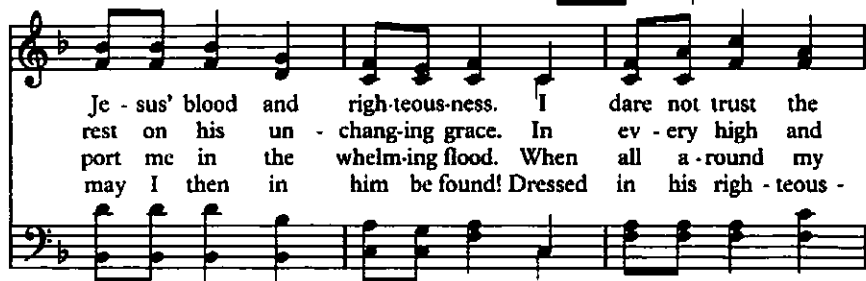
[Next »](#)

My Hope Is Built

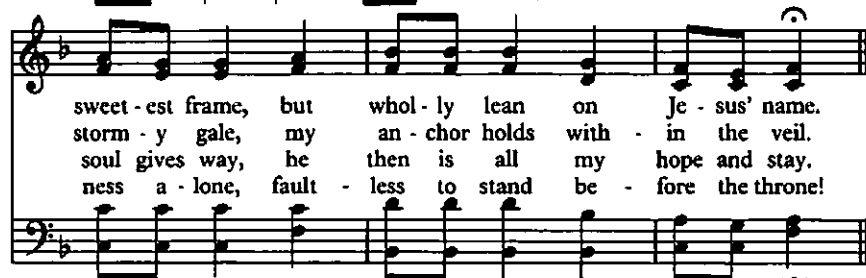
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1. My hope is built on noth - ing less than
 2. When dark - ness veils his love - ly face, I
 3. His oath, his cov - e - nant, his blood sup -
 4. When he shall come with trum - pet sound, O

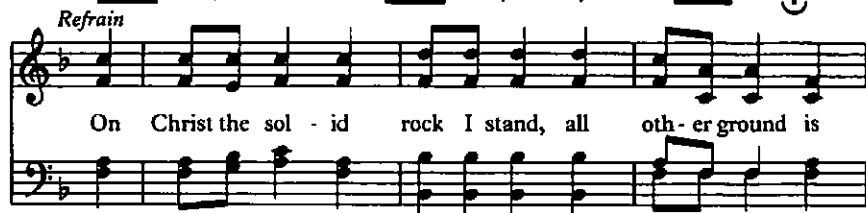


Je - sus' blood and righ - teous - ness. I dare not trust the
 rest on his un - chang - ing grace. In ev - ery high and
 port me in the whelm - ing flood. When all a - round my
 may I then in him be found! Dressed in his righ - teous -



sweet - est frame, but whol - ly lean on Je - sus' name.
 storm - y gale, my an - chor holds with - in the veil.
 soul gives way, he then is all my hope and stay.
 ness a - lone, fault - less to stand be - fore the throne!

Refrain



On Christ the sol - id rock I stand, all oth - er ground is



sink - ing sand; all oth - er ground is sink - ing sand.

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LEARN ABOUT GENERAL CONFERENCE 2024

Please join Jan Lawrence, Executive Director of Reconciling Ministries Network in a **conversation about General Conference 2024 on March 17 at 12:30 p.m. in the Frances and Norman Prince Fellowship Hall.** Have you been wondering what is on the Agenda for this COVID-delayed GC? What are the top priorities of RMN and Reconciling Churches like Foundry for the decisions to be made in Charlotte this spring? And what are progressives expecting might happen? Come and hear Jan after the 2nd service and bring your questions. Register here foundryumc.org/general-conference-with-jan

CHAT, CHEW, CONNECT: MARCH 3

Join us after our **one service on March 3**, for a **box lunch and discussion time upstairs in the Frances and Norman Prince Fellowship Hall. You can bring your own lunch or pre-purchase a box lunch through the registration.** Weather permitting families with kids and of all sizes are invited to join together for a picnic and play date at Stead Park. Register here foundryumc.org/chat-and-chew

MUSIC AND WORSHIP ARTS

We begin our next Parallel Music Series "Let's Sing Together: *Hymns and Sacred Songs for Congregation and Choir*". This Music Series will complement the Sermon Series "Reaching for Connection" Lent 2024, Sunday February 18 through Sunday March 31/Easter Sunday. We invite our congregation to lift your voices together with the choir, singing some of your favorite hymn arrangements in Worship services. Let's Sing!

FAMILY AND YOUTH MINISTRIES

JOIN US FOR SUNDAY SCHOOL!

Every Sunday, beginning at 10:10 a.m., we will have Sunday School for all children ages Pre-K3 through 6th grade upstairs in the education wing. Room Numbers are below:

- 204 – 5th & 6th Grade
- 205 – 3rd & 4th Grade
- 206 – Age 3-Kindergarten
- 208 – 1st & 2nd Grade

YOUTH AT NIGHT

Youth @ Night is on **Sunday evenings from 5:30–7:30 p.m.** for our middle and high school youth. Come for dinner, activities, service projects, and a participatory lesson. Invite your friends and tell your parents!

APPALACHIA SERVICE PROJECT

The Appalachia Service Project (ASP) provides one of the most rewarding structured service opportunities in the nation — bringing thousands of volunteers from around the country to rural Central Appalachia to repair homes for low-income families. Foundry looks forward to joining their efforts for **2024 from June 22 – 29.** Students must have completed their first year of high school to be eligible. Registration is open on a first come, first served basis so tell your youth to **register TODAY** for ASP 2024 at foundryumc.org/asp.

SOCIAL JUSTICE & SERVICE ACTIVITIES

DC MASS POOR PEOPLE'S AND LOW-WAGE WORKERS' ASSEMBLY

Join Foundry's Sacred Resistance Team and the DC Poor People's Campaign in an assembly **near the John Wilson Building, 1350 Pennsylvania Avenue NW, on March 2 at 11 a.m.** We're organizing around living wages, affordable housing, education, environmental justice, and voting rights. RSVP at bit.ly/DCPPCMAR2.

GREAT DAY OF SERVICE: APRIL 28

Please join us for the **Spring Great Day of Service on Sunday, April 28!** We will partner once again with Rise Against Hunger to pack meals for those in need. Don't miss out on this Foundry favorite congregation-wide day of service! Register here! foundryumc.org/gdos

ADULT CLASSES AND PROGRAMMING

LGBTQ+ POTLUCK: TODAY

Each month, we come together on a Sunday evening for our Foundry LGBTQ+ Potluck – and it's a lot of fun! This month's **potluck is today** at the home of Tracy Collins. Join the group on Church Center for a monthly message with the next Potluck location, date, and time at foundryumc.org/potluck.

FOUNDRY'S 2024 LENTEN DEVOTIONAL

Follow Foundry's daily devotionals for Lent, *Reaching for Connection*, available online at foundryumc.org/devotional. Whenever a devotional moves you, consider sharing your thoughts with the author directly at lentendevotional@foundryumc.org.

ALL NEIGHBORS SMALL GROUP

All Neighbors Small Group (Logan Circle neighborhood/online) **meets on the 1st and 3rd Monday of the month.** We will be reading and discussing the book "Falling Upward" by Richard Rohr. All are welcome! Register at foundryumc.org/neighbors-small-group or contact discipleship1@foundryumc.org.

BLOOD DONE SIGN MY NAME COURSE: MARCH 10

This is a course working through the book *Blood Done Sign My Name* by Timothy B. Tyson. The story of a church responding and failing to respond to a vicious lynching in their community. We will meet in **room B2 at 10:15 a.m.** Register here foundryumc.org/blooddoesignmyname.

SCIENCE AND RELIGION DISCUSSION GROUP

The **Science and Religion discussion group** will meet to discuss words from Dr. Catherine Keller, the George T. Cobb Professor of Constructive Theology at the Drew Theological School and the Graduate Division of Religion of Drew University, where she teaches courses in Process Theology, Political Theology, and Environmental Theology on **February 25 at 10:10 a.m. in Davenport Center**. Dr. Keller's words address the environmental crisis and COVID (shortly after we "shut down"). The Science and Religion Discussion group will have future discussion on March 17, April 21, and May 19.

ORDER YOUR EASTER FLOWERS BY MARCH 22

Honor your loved ones by purchasing Easter flowers to adorn Foundry's Sanctuary and worship spaces this season or by making a donation to help adorn Foundry's Sanctuary. Flowers will be available for pick up following the close of worship on March 31, 2024. Visit foundryumc.org/easterflowers.

Check in!



Scan with your
smartphone camera.



Foundry

Foundry United Methodist Church

1500 16th St. NW, Washington D.C. 20036
foundryumc.org | 202.332.4010