



We're Listening



**August 31, 2025
9 a.m. & 11:15 a.m.**

WELCOME

Foundry United Methodist Church has been serving downtown Washington, D.C. and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the gospel of Jesus Christ to be in ministry with all people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and we want you to feel welcome here. Please visit foundryumc.org to find more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

REFERENCES TO GOD

References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

CARE AND PRAYER

Please fill out the Prayer Request online at foundryumc.org/prayer. Our prayer team will follow up with you. You will have the option for your request to be kept confidential, or if you'd prefer for it to be shared.

SINGING WITH US

OUR HYMNALS:

UMH — United Methodist Hymnal (Red)

TFWS — The Faith We Sing (Black)

AAHH – African American Heritage Hymnal (on cart as you enter the sanctuary)

THE APPEARANCE OF + INDICATES THAT YOU ARE INVITED TO RISE, AS YOU ARE ABLE.



Hearing assistance devices can be found at the sound desk in the sanctuary.

FAMILIES WITH CHILDREN

There is no Children's Worship today, Sunday, August 31st for children in PreK3–5th grade. Children's Worship will resume next Sunday, September 7th, at both the 9:00 AM and 11:15 AM services.

Nursery care is available today in our Childcare Center from 8:45 AM–12:30 PM for infants up to age 2.

ONLINE PARTICIPATION

If you are worshipping with us virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

All music featured on our livestream is used by permission with CCLI License #2668115.

WE ARE ON NATIVE LAND

When we gather for worship and ministry on the corner of 16th and P, we do so upon the sacred, traditional, and unceded lands of the Anacostan, Massawomack, Susquehanock, Piscataway, and Pomunkey peoples, who were forcibly removed from them to allow for English settlement. As occupiers of their territory, we recognize them as the original and perpetual stewards of this land and gratefully acknowledge our responsibility for a more honest recounting of our history that empowers us to work for the thriving of all people.

STAYING SAFE AT FOUNDRY

Foundry is committed to protecting the safety of all persons at our church. Our Safe Sanctuaries Policy — establishing procedures for the protection of children, youth, and vulnerable persons — can be found at foundryumc.org/safe. Our Nut and Allergy Safety Policy can be found at foundryumc.org/allergies.

WE'RE LISTENING

"Receive what the Spirit is saying..." We say this phrase each week in worship following the reading of scripture. It's another way to say, "God is speaking to us in these words. Are you listening? What stirs your heart or your mind by what is read?" In the prayers, the sermons, the music of worship, how is God speaking to you? Listening is so important in our relationships and in our lives of faith.

And this summer, Pastor Ginger and other Foundry preachers are listening to YOU! We asked what you wanted to hear about in sermons and you answered. For weeks, we've been fielding your notes, ideas, ponderings, and inspirations. There are too many to incorporate into just two months, but every sermon in July and August will be in response to what we've received. We're listening! Join us to be part of the summer season in worship. You just might receive something you need to hear!

This event is being photographed and recorded. Please be advised that by entering this worship space, you agree to be filmed and/or photographed, and the resulting assets may be used for Foundry UMC promotional purposes. Should you wish not to be photographed or recorded on video, please notify one of the clergy members.

9 A.M. | WORSHIP SERVICES

Welcome

Ed Crump

+Hymn AAHH #328

Jimmy Owens

HOLY, HOLY

Verses 1, 3 & 5

Children's Message

Ed Crump & Jackie Wright

Sharing Joys and Concerns

Camilla Hicks

Call to Prayer AAHH #333

Glenn Burleigh

ORDER MY STEPS

Verses 1 & 2

Lighting the Candle of Peace, Hope, and Justice

Jackie Wright

One: The light shines in the darkness.

All: We stand in this light, unshaken, knowing that the darkness has never overcome the light.

One: Let us recommit ourselves to walking in Jesus' ways of justice.

All: Empower us, Jesus, to boldly use the freedom and power given to us to resist evil, injustice, and oppression in whatever forms they present themselves.

Pastoral Prayer

Camilla Hicks

The Lord's Prayer

Our Mother/Father,
who art in heaven, Hallowed be thy name.
Thy kin-dom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil,
for thine is the kin-dom, and the power,
and the glory forever. Amen

Scripture Reading

Cheryl Gibbs

EXODUS 5:1-9
JAMES 5:4

One Voice: Receive what the Spirit is saying
Many Voices: Thanks be to God.

Introduction to Guest Preacher

Ed Crump

Anthem

arr. Michael Reid

EVEN ME
Alia Waheed, soprano

Sermon

Michael Szpak

WHICH SIDE ARE YOU ON

Offertory

Ed Crump

Music at the Offertory

Traditional Spiritual,
arr. Carl Haywood

I COULDN'T HEAR NOBODY PRAY

+Doxology AAHH #651

Praise God, from whom all blessings flow
Praise God, all creatures here below
Praise God above, ye heavenly host
Creator, Christ and Holy Ghost.

+Hymn AAHH #500

Beatrice Brown

GLORY, GLORY, HALLELUJAH

+Postlude AAHH #106

Nettie Sawyer Lester

IN THE BEAUTY OF HOLINESS

Individual Prayer

If you are in need of individual prayer, you're invited to pray with a member of our Sunday Prayer Team at the front of the Sanctuary.

11:15 A.M. | WORSHIP SERVICES

Welcome

Ed Crump

+Hymn UMH #160

Arthur Messiter

REJOICE, YE PURE IN HEART

Children's Message

Ed Crump & Jackie Wright

Sharing Joys and Concerns

Camilla Hicks

Call to Prayer UMH #85

*J. G. Werner's Choralbuch,
arr. William Havergal*

WE BELIEVE IN ONE TRUE GOD

Verse 1

Lighting the Candle of Peace, Hope, and Justice

Jackie Wright

One: The light shines in the darkness.

All: We stand in this light, unshaken, knowing that the darkness has never overcome the light.

One: Let us recommit ourselves to walking in Jesus' ways of justice.

All: Empower us, Jesus, to boldly use the freedom and power given to us to resist evil, injustice, and oppression in whatever forms they present themselves.

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Our Mother/Father, who art in heaven,
Hallowed be thy name. Thy kin-dom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil, for thine is the kin-dom,
and the power, and the glory forever. Amen

Hebrew Scripture

Doug Barker

EXODUS 5:1-9

+Sung Response UMH #728

Duke Ellington

COME SUNDAY
Refrain, Verse 3, Refrain

Epistle

Doug Barker

JAMES 5:4

One Voice: Receive what the Spirit is saying
Many Voices: Thanks be to God.

Introduction to Guest Preacher

Ed Crump

Anthem

Stephen Paulus

PILGRIMS' HYMN

Sermon

Michael Szpak

WHICH SIDE ARE YOU ON

Music at the Offertory

Mark Miller

IMAGINE THE PEOPLE OF GOD

+Doxology UMH #94

Praise God from whom all blessings flow!
Praise God all creatures here below!
Alleluia! Alleluia!
Praise God the source of all our gifts!
Praise Jesus Christ who's power uplifts!
Praise the Spirit, Holy Spirit,
Alleluia! Alleluia! Alleluia!

+Hymn UMH #451

Traditional Irish Tune

BE THOU MY VISION

+Benediction

Michael Szpak

+Postlude

Individual Prayer

If you are in need of individual prayer, you're invited to pray with a member of our Sunday Prayer Team at the front of the Sanctuary.

*Foundry has a new rapid alert text messaging service to help us connect with you in real time. To opt in to receive these messages, text the word **foundry** to (202) 858-1040.*

In the event of a weather-related closing or an unexpected change to a service or event, we will send you a text message directly. This service is a quick and efficient way for us to share important and timely information.

Please note that this service will be used for urgent announcements only. For our regular updates, news, and events, please continue to check our website, social media, and weekly newsletter.

FAMILY AND YOUTH MINISTRIES

CONFIRMATION INTEREST MEETING SEPTEMBER 3 AND 4

Is your youth ready to grow deeper in faith? **Confirmation** is an elective class for all youth starting in **7th grade and older** who want to explore their faith, Christianity, and Methodism. We hope to partner with Mount Vernon Place UMC to offer a year-long class that meets twice a month. Join us for one of our **virtual information sessions** to learn more: Tuesday, September 3, 5:30–6:30 p.m. and Wednesday, September 4, 7:30–8:30 p.m.

We are also looking for **Confirmation Mentors**—caring adults who will walk alongside youth during this journey. Our goal is to have **two mentors per youth**. If you're interested in mentoring, please plan to attend one of the info sessions as well!

For a link to the interest meeting or general questions? Contact Natalie Harvey at nharvey@foundryumc.org, our Director of Family Ministries.

JOIN OUR SUNDAY SCHOOL TEAM SEPTEMBER 6 AND 13

Family Ministries is recruiting Teachers and Substitutes for the 2025–2026 Program Year! If you love helping children grow in faith, building community, and sharing God's love, we'd love for you to join us. Whether you can serve regularly or step in as a sub when needed, your presence makes a difference! Training will be held on **Saturdays, September 6 and 13**. With Sunday School Classes for our children and youth beginning on September 14th! For more information or to sign up, contact Natalie Harvey at nharvey@foundryumc.org

FAMILY MINISTRIES OPEN HOUSE!

Families of children in **PreK3–6th grade** are invited to our Family Ministries Open House as we begin a new year of Sunday School! **Join us on Saturdays, September 6th and 13th, from 11:00AM to 12:30PM**. Refreshments will be provided. Located upstairs in the Norman & Frances Prince Fellowship Hall.

FIND YOUR CIRCLE

INTERFAITH BOOK CLUB: EXPLORING FAITH THROUGH YOUR FAVORITE COMICS AUGUST 31

Embark on a heroic journey at **Fantom Comics located at 2010 P St. NW, Washington D.C. 20036, on August 31, at 5:00 p.m.**, where our Interfaith Book Club will delve into *Persepolis* by Marjane Satrapi. Together, we'll **explore themes of hope, sacrifice, and unity from various faith perspectives**. Share your insights, learn from others, and celebrate the power of storytelling in a welcoming community.

DISCIPLE FAST TRACK: OLD TESTAMENT

Explore the foundational stories and enduring wisdom of the Hebrew Bible in our 12-week **Disciple Fast Track: Old Testament** course. This engaging study offers a sweeping overview of the Old Testament, helping participants connect ancient scripture with their lived faith today. Two session options are available: **Tuesdays from 6:30 p.m.–8:00 p.m. beginning September 16 or Thursdays from 11:00 a.m.–12:30 p.m. beginning September 18**. Whether you're new to Bible study or returning for deeper insight, this course provides space for thoughtful reflection, learning, and community.

Register at foundryumc.org/fast-track-morning for the morning sessions and foundryumc.org/fast-track-evening for the evening sessions.

THE JESUS CHALLENGE SEPTEMBER 14

21 Days of Loving God and Neighbor is a journey that helps us become more attentive to our relationship with God and others. Through daily reflections and weekly conversations, we'll move from forgetfulness to remembering, from distraction to intentionality, and from self-sufficiency to God-reliance—discovering what it means to love God and love others as ourselves. **Join Doug Steele and others beginning September 14, at 10:10 a.m. in Room 203**. Bring an open heart and see where this journey leads.

Register at foundryumc.org/jesus-challenge

SOCIAL PRINCIPLES OF THE UNITED METHODIST CHURCH SEPTEMBER 14

This six-week class will engage the social teachings of the United Methodist Church as a way of deepening our Christian commitment to loving God and loving neighbor. We will listen deeply and reflect together on topics including creation care, economic justice, community life, peace, and human rights. Taught by Jessie Smith and Jonathan Brown, **in Room B2, at 10:10 a.m., starting on September 14**. Registration is coming soon.

DISCIPLE: INTO THE WORD, INTO THE WORLD SEPTEMBER 17

Join Katie Lundy online this fall for a transformative 34-week Bible study experience meeting **Wednesdays from 6:30 to 8 pm**. Participants will journey through the biblical narrative chronologically, guided by theme words, key verses, and engaging explorations of major biblical figures and events.

Register at foundryumc.org/disciple2

JOB-MARK INDEPTH BIBLE STUDY

Foundry is organizing a year-long Disciple-like Bible study for the 2025–2026 school year (Sept 10, 2025 — May 20, 2026) designed for folks who have a solid foundation of Bible study through the Disciple Bible Studies or similar studies. Since this is the seventh study in an ongoing journey, we are calling it "Disciple VII" and will focus on the book of Job (Fall/Winter) and the Gospel of Mark (Spring). We will meet **Wednesday evenings 6:30–8 on Zoom**.

Registration link is here: foundryumc.org/job-mark-bible-study

PASTOR'S COFFEE: SEPTEMBER 14

Are you curious about joining Foundry? **Pastor's Coffee** is an opportunity for those who wish to begin the journey toward official membership to meet with our clergy, learn more about our church, and move onto the next steps in A Disciple's Path. You can join us virtually or in person **on September 14 at 10:10 a.m. in room 101**. Register at foundryumc.org/pastors-coffee.

LGBTQIA SMALL GROUP PLANNING SESSION

Join us Sunday, Sept. 14 at 12:30 p.m. for an LGBTQIA+ Small Group interest meeting. We'll shape the group's purpose, meeting schedule, and covenant together. Led by Noah Neiting. Open to LGBTQIA+ folks and allies. Register at foundryumc.org/lgbtqia-planning

SOCIAL JUSTICE & SERVICE ACTIVITIES

SACRED PAUSE MEDITATION GROUP EVERY WEEKDAY

Do you need more grounding and fewer distractions? More community and less isolation? Join Foundry's Sacred Pause group, which gathers every weekday over Zoom from 8:00 a.m. – 8:15 a.m. to practice meditation and contemplative prayer. It is a beautiful and grounding way to start your day.

Register here: foundryumc.org/sacred-paused

SAVE THE DATES FOR UPCOMING SOCIAL JUSTICE EVENTS

FALL GREAT DAY OF SERVICE OCTOBER 18

Join us on Saturday, October 18, from 8:00 a.m. to 12:00 p.m. for Foundry's Fall Great (Green) Day of Service. Sign up to do direct environmental service with your Foundry friends and put your faith into action! Details and registration coming soon.

CONTEMPLATIVE HALF DAY RETREAT NOVEMBER 1

Ground yourself in sacred community as we prepare to enter the holiday season. This half-day retreat will include centering prayer, meditation, journaling, and more. More information and registration coming soon.

FOUNDATIONS FOR SACRED RESISTANCE NOVEMBER 9

Biblical Roots of Sacred Resistance led by Pastor Ben Roberts and members of the Sacred Resistance team, on **Sunday, November 9, at 12:30 p.m.** Join as we explore the biblical roots of sacred resistance. Lunch will be provided, and registration is coming soon.

CONGREGATIONAL CARE

PRAYER WORKSHOP: SEPTEMBER 7

This Stephen Ministries- hosted Prayer Workshop provides an opportunity to connect and pray together in community. All are welcome, whether you're looking to deepen your prayer life, find encouragement, or share hope in difficult times. We hope you'll be part of this meaningful experience. Register at foundryumc.org/prayer-workshop

WORKSHOP ON AGING – STEPHEN MINISTRY

Join the Care and Stephen Ministry for a workshop addressing the challenges of aging **on November 16 at 12:30 p.m. in Room 203.** The session will cover a variety of topics both for aging individuals and those caring for them. Register at foundryumc.org/workshop-aging

YOUR GENEROSITY SHAPES FOUNDRY'S FUTURE



GIVE HERE

WELCOME GUEST PREACHER: REV. MICHAEL SZPAK

Reverend Doctor Michael Szpak is a retired member of the Baltimore-Washington Conference, having been appointed to a ministry beyond the local church with the national AFL-CIO for twenty-five years until his retirement. He currently serves as Religion-Labor Coordinator of the AFL-CIO in Washington, DC. He coordinates the AFL-CIO Labor in the Pulpit, Bimah, Minbar program which is an initiative to develop relationships between labor and faith congregations in local communities. Foundry United Methodist Church is his Charge Conference.

Reverend Szpak became active in the labor movement working on the United Farm Workers of America boycott of California grapes as an undergraduate at Boston College. Also the civil rights movement, having traveled to Selma, Alabama, responding to the country wide call from Rev. Dr Martin Luther King Jr. to engage in freedom protests there.

Michael was the founding executive director of the Carolina Brown Lung Association, which obtained the first compensation benefits for textile workers in North and South Carolina who suffered from brown lung, a disabling illness from breathing cotton dust similar to black lung disease contracted by coal miners.

Michael has worked on various union strikes, lockouts, boycotts and organizing campaigns such as the United Mineworker of America's Brookside Mine strike in Harlan County, Kentucky; the textile workers union boycott of the JP Stevens company which denied union representation to thousands of textile workers in the South; and efforts by the Farm Labor Organizing Committee (FLOC) to bring justice to farm workers in the fields of North Carolina and the South. In all of these, the faith community has played a significant role.

Reverend Szpak is a member and former officer of the Baltimore-Washington Newspaper Guild Local 32025.

Michael holds a Master of Divinity and Doctor of Ministry from Wesley Theological Seminary; a Master of Education from Boston State College; and a Master of Social Work from the University of Connecticut. His undergraduate degree is from Boston College.

Michael is married to Carol Colbeth and has two grown children, Benjamin and Leah. He lives in Silver Spring with his wife and her covid rescue dog (from hell) Peaches.

SUNDAY, SEPTEMBER 28, 2025



**ONE WORSHIP SERVICE AT 10 A.M.
POTLUCK IMMEDIATELY FOLLOWING WORSHIP**

FOUNDRYUMC.ORG

Join us for Foundry's second annual **Homecoming Potluck on Sunday, September 28!** At 10 AM, there will be a single worship service celebrating 15 years of marriage equality and 30 years as a reconciling congregation. We will gather afterward in the Frances and Norman Prince Fellowship Hall for good food and fellowship.

We'll also share exciting information about new ways to give as Foundry begins its year-round approach to stewardship



Check in!



Scan with your
smartphone camera.



Foundry

Foundry United Methodist Church

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